Alternative Healing Methods: Separating Gold from Dross
The War of Medicine

1. Western med. = scientific = good
   Oriental med. = mystical = bad

2. Western med. = treats symptoms = bad
   Oriental med. = holistic = good

3. Allopathy = uses “chemicals” = bad
   Alternative = is “natural” = good

4. Who is right?
   Are there other options?
Jochen Hawlitschek

- 1941 - My parents used natural medicine
- 1968 - Doctorate in Medicine & Surgery
- 1977 - General Surgery
- 1984 - Professor Montemorelos School of Medicine
- 1986 - Health Education Weimar Institute
- 1989 - Master of Public Health, LLU
- 1990 - Director Health Ministries Dept. EUD
- 2000 - “F.X. Mayr” Medicine
- 2001 - Natural Medicine KneippÄRZTEbund
The Role of Medicine in the Context of the Great Battle Between Christ and Satan
The Origin of Disease and Death

“Therefore, just as sin entered the world through one man, and death through sin, and in this way death came to all men, because all sinned.”

Romans 5:12
“...but the gift of God is eternal life in Christ Jesus our Lord.”

Rom 6:23
“Asclepius (Greek: Ἅσκληπιός Asklēpiós; Latin Aesculapius) is the god of medicine and healing in ancient Greek religion.”

“Now the serpent was more cunning than any beast of the field which Jehovah God had made.”

Genesis 3:1

http://en.wikipedia.org/wiki/Asclepius
“The LORD said to Moses, ‘Make a snake and put it up on a pole; anyone who is bitten can look at it and live.’”
Numbers 21:8

“Just as Moses lifted up the snake in the desert, so the Son of Man must be lifted up, that everyone who believes in him may have eternal life.”
John 3:14, 15
Rod of Asclepius

“The LORD said to Moses, ‘Make a snake and put it up on a pole; anyone who is bitten can look at it and live.’”
Numbers 21:8

“Just as Moses lifted up the snake in the desert, so the Son of Man must be lifted up, that everyone who believes in him may have eternal life.”
John 3:14, 15
“Christ, the great Medical Missionary, is our example. ... He healed the sick and preached the gospel. In His service, healing and teaching were linked closely together. Today they are not to be separated.”

Counsels on Health, 395
Terminology & Concepts

• Conventional medicine, allopathy
• Western versus Oriental
• Alternative
• Complementary
• Natural, organic, bio
• Holistic, wholistic, integral
• Energy, force, dynamic, potentiation
• Vital
• Natural laws
“My son, do not forget my teaching, but keep my commands in your heart, for they will prolong your life many years and bring you prosperity.”

Solomon (Proverbs 3:1, 2)
Alternative medicine is defined as a group of diverse medical and health care systems, practices, and products that are not presently considered to be part of conventional medicine.

Alternative medicine is also defined as those treatments and healthcare practices not taught widely in medical schools, not generally used in hospitals, and not usually reimbursed by medical insurance companies.

When they are used together with conventional medicine they are referred to as complementary medicine.
conventional  alternative
“In true science there can be nothing contrary to the teaching of the word of God, for both have the same Author. A correct understanding of both will always prove them to be in harmony. Truth, whether in nature or in revelation, is harmonious with itself in all its manifestations.”

“Whatever in so-called scientific teaching contradicts the testimony of God's word is mere human guesswork.”

Testimonies for the Church, vol. 8, p. 258
Ministry of Healing, p. 462
“Health is ... 

... the physical, mental, and social well-being and not merely the absence of disease or infirmity.”

World Health Organization, 1948
“Disease is an effort of nature to free the system from conditions that result from a violation of the laws of health.”

“In case of sickness, the cause should be ascertained. Unhealthful conditions should be changed, wrong habits corrected. Then nature is to be assisted in her effort to expel impurities and to re-establish right conditions in the system.”

Ministry of Healing, p. 127
“If you listen carefully to the voice of the LORD your God and do what is right in his eyes, if you pay attention to his commands and keep all his decrees, I will not bring on you any of the diseases I brought on the Egyptians, for I am the LORD, who heals you.”

Exodus 15:26
“If you listen carefully to the voice of the LORD your God and do what is right in his eyes, if you pay attention to his commands and keep all his decrees, I will not bring on you any of the diseases I brought on the Egyptians, for I am the LORD, who heals you.”

Exodus 15:26
'The Big Lie

“And the serpent said to the woman, You shall not surely die, for God knows that in the day you eat of it, then your eyes shall be opened, and you shall be as God, knowing good and evil.”

Genesis 3:4, 5
Biblical God vs. Pantheism (New Age)

GOD - person (the Creator) .......... 
Jesus - son of God ....................... 
Bible - the word of God ............... 
Angels ................................................ 
Origin of man - creation ............... 
Laws, sin .......................................... 
Judgement ......................................... 
Sabbath ............................................. 
Disease - braking of health-laws ...... 
Death .................................................. 
Salvation - gift of God ................. 
Life - unity with Christ ............... 
(personal, loving relationship) 
Restoration - new earth ............... 
Definite solution ............................. 
Knowledge - through God's word ..... 
Recognition of own helplessness ..... 
Prayer, faith ...................................... 
Clear mind, full use of will ............. 

GOD in all nature - energy 
Jesus - a better man 
Bible - a book like others 
Spiritual beings (extraterrest. guides) 
Origin of man - evolution 
Own standards, no sin 
No judgement 
Sunday (or other) 
Disturbance of energy flow 
Immortality, reincarnation 
Perfectioning of self, to become god 
Life - harmony/unity with universe 
(impersonal relationship) 
Ongoing process (Peace? New age?) 
No solution, endless situation 
Expansion of consciousness Ge. 3:4,5 
Discovery of own latent powers 
Meditation, visualization, channeling 
Trance, surrender to supernat. powers
# Biblical God vs. Pantheism (New Age)

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**Knowledge** - through God's word

**Recognition of own helplessness**
New Age

“It aims to create ‘a spirituality without borders or confining dogmas’ that is inclusive and pluralistic. It holds to ‘a holistic worldview’, emphasizing that the Mind, Body and Spirit are interrelated and that there is a form of monism and unity throughout the universe. It attempts to create ‘a worldview that includes both science and spirituality’ and embraces a number of forms of mainstream science as well as other forms of science that are considered fringe.”

http://en.wikipedia.org/wiki/New_Age
"The New Age movement includes elements of older spiritual and religious traditions ranging from monotheism through classical pantheism, naturalistic pantheism, pandeism, panentheism, and polytheism combined with science and Gaia philosophy; particularly archaeoastronomy, astronomy, ecology, environmentalism, the Gaia hypothesis, psychology and physics."

It involves all dimensions of human life: education, holistic health, vegetarianism, music, religion, politics, protection of the environment, and finances.

http://en.wikipedia.org/wiki/New_Age
“Today there are coming into educational institutions and into the churches everywhere spiritualistic teachings that undermine faith in God and in His word. The theory that God is an essence pervading all nature is received by many who profess to believe the Scriptures; but, however beautifully clothed, this theory is a most dangerous deception....

“If God is an essence pervading all nature, then He dwells in all men; and in order to attain holiness, man has only to develop the power within him.

“These theories, followed to their logical conclusion, sweep away the whole Christian economy. They do away with the necessity for the atonement and make man his own savior.”

*Ministry of Healing, p. 428, 429*
**Naturopathy**, or Naturopathic Medicine, is a type of alternative medicine based on a belief in vitalism, which posits that a special energy called *vital energy* or *vital force* guides bodily processes such as metabolism, reproduction, growth, and adaptation. Naturopathy favors a *holistic approach* with non-invasive treatment by encouraging minimal use of surgery and drugs.

Naturopathy comprises many different treatment modalities of varying degrees of acceptance by the conventional medical community; these treatments range from standard evidence-based treatments, to homeopathy and other pseudoscientific practices.

### Swiss Union for Natural Healing

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“Natural Healing“,  

BEA expo  

Bern, 1994
Parapsychological Research
Physical Mediality, e.g. Materialization

Parapsychological Research
UFO – Apparitions and Experiences

Parapsychological Research
Paranormal Voices on Tape

Spiritual Help for Life
Medial Aura Reading

Spiritual Help for Life
Philippinian Faith Healers

Spiritual Help for Life
Relaxation Meditation

Spiritual Experiences
Telepathy

Spiritual Help for Life
Reincarnation Therapy

“Natural Healing“, BEA expo Bern, 1994
“When Jesus had called the Twelve together, he gave them power and authority to drive out all demons and to cure diseases, and he sent them out to preach the kingdom of God and to heal the sick.”

Luke 9:1, 2

“The Saviour in His miracles revealed the power that is continually at work in man’s behalf, to sustain and to heal him. … When any part of the body sustains injury, a healing process is at once begun; nature’s agencies are set at work to restore soundness. But the power working through these agencies is the power of God. All life-giving power is from Him. When one recovers from disease, it is God who restores him.”

Ministry of Healing, p. 112
“The apostles of nearly all forms of spiritism claim to have the power to cure the diseased. They attribute their power to electricity, magnetism, the so-called ‘sympathetic remedies,’ or to latent forces within the mind of man. And there are not a few, even in this Christian age, who go to these healers, instead of trusting in the power of the living God and the skill of well-qualified Christian physicians.”

Evangelism, p. 606
“... a good environment for transcendental meditation, biofeedback and yoga, in that it surrounds its inhabitants with energy.” *TIME Magazine*

“... each basic geometric shape has therapeutic powers, with the pyramid topping the list... Myriad curative powers have been ascribed to pyramids. They... emit psychic energy that caused all sorts of miracles!” *Newsday*
“Working with the Heart Chakra, Green Quartz has a healing effect when worn or carried.”

“Many people use Green Quartz to transmute negative energies into positive.”

“Green Quartz is also known to attract prosperity and success and to stimulate one's creativity.”

www.healingcrystals.com/
Methods to correct energy flow

- Magnets – magnetized water, magnets in the sole of shoes, bracelets, etc.
- Acupuncture
- Shiatsu
- Moxabustion
- Reiki (soul + life energy)
- Touch for health
- Qui Gong – breathing, meditation, concentration
- Etc.
Magnetic Bracelets
The device works without electricity, without chemical additives and does not require any service or maintenance. The information transfer is done without direct contact.
Inanimate water

Chambers filled with water containing information

Vitalized water

Grander Water Vitalizer
Other Alternative Procedures

Stones

Moxibustion

Pendulum
Thousands of practitioners use “electrodiagnostic” devices to help select their treatment. Many claim to determine the cause of any disease by detecting the „energy imbalance“ causing the problem.

These are only galvanometers that measure electrical resistance of the patient’s skin when touched by a probe.

Ex.: Body fat percentage

www.quackwatch.org/01QuackeryRelatedTopics/electro.html
Electrodiagnostic devices

- Electroacupuncture according to Voll (EAV)
- Bioelectric functions diagnosis (BFD)
- Bio resonance therapy (BRT)
- Biocybernetic medicine (BM)
- Mora – to correct electromagnetic waves
- Radiesthesia (witch rod)

Some devices are claimed to restore health by rendering signals that correct “imbalances”.

[www.quackwatch.org/01QuackeryRelatedTopics/electro.html](http://www.quackwatch.org/01QuackeryRelatedTopics/electro.html)
God Forbids Witchcraft

“When you enter the land the LORD your God is giving you, do not learn to imitate the detestable ways of the nations there. Let no-one be found among you who sacrifices his son or daughter in the fire, who practices divination or sorcery, interprets omens, engages in witchcraft, or casts spells, or who is a medium or spiritist or who consults the dead. Anyone who does these things is detestable [an abomination] to the LORD.”

Deuteronomy 18:9-12 NIV
“Three times a day [Daniel] got down on his knees and prayed, giving thanks to his God.”

Daniel 6:10

“You [King Belshazzar] praised the gods of silver and gold, of bronze, iron, wood and stone, which cannot see or hear or understand. But you did not honour in his hand your life and all ways.”

Daniel 5:23
“Is any one of you sick? He should call the elders of the church to pray over him and anoint him with oil in the name of the Lord. And the prayer offered in faith will make the sick person well; the Lord will raise him up.”

James 5:14, 15

“Reiki is a spiritual practice developed in 1922 by Japanese Buddhist Mikao Usui. Practitioners believe that they are transferring universal energy in the form of Qi through the palms, which allows for self-healing and a state of equilibrium.”

http://en.wikipedia.org/wiki/Reiki
“Then Peter and John placed their hands on them, and they received the Holy Spirit. When Simon saw that the Spirit was given at the laying on of the apostles’ hands, he offered them money and said, ‘Give me also this ability so that everyone on whom I lay my hands may receive the Holy Spirit.’ Peter answered: ‘May your money perish with you, because you thought you could buy the gift of God with money!’ “Repent of this wickedness and pray to the Lord. Perhaps he will forgive you for having such a thought in your heart.”

Acts 8:17-20, 22
Reflex

Posterior horn

Posterior root

Spinal ganglion

Anterior horn

Anterior root

Spinal nerve
Reflexology or *zone therapy* is based on the belief that there are reflexes in the feet, hands and ears, which correspond to every part, gland and organ of the body. Reflexology claims to manipulate energy (Qi). However, there is no scientific evidence for the existence of life energy (Qi), ‘energy balance’, ‘crystalline structures,’ or ‘pathways’ in the body.

Reflexology is considered to be a form of acupressure because, like acupuncture, it manipulates and attempts to balance the life energy force Chi. The saying among some reflexologists is, ‘When one holds a person’s feet in one’s hand, one has hold of his soul.’

Uhl, *Chakra Energy Massage*, 15
Iridology
“Applied kinesiology (AK) is a technique in alternative medicine used to diagnose illness or choose treatment by testing muscles for strength and weakness.”

“Current evidence does not support the use of applied kinesiology for diagnosis of any illness.”

Mind and Body Medicine

- Meditation
- Yoga (BFD)
- Qui Gong
- Tai Chi Chuan
- Hypnosis
- Guided imagery

- Deep breathing exercises
- Etc.
Hypnotism

Hypnosis attempts to cancel out frontal lobe functions and bring people into a trance in which they are highly suggestible.

“No man or woman should exercise his or her will to control the senses or reason of another so that the mind of the person is rendered passively subject to the will of the one who is exercising the control. This science may appear to be something beautiful, but it is a science which you are in no case to handle.”

*Mind, Character and Personality*, vol. 2, p. 713
“Drug medication, as it is generally practiced, is a curse. Educate away from drugs. Use them less and less, and depend more upon hygienic agencies; then nature will respond to God’s physicians – pure air, pure water, proper exercise, a clear conscience. Those who persist in the use of tea, coffee, and flesh meats will feel the need of drugs, but many might recover without one grain of medicine if they would obey the laws of health. Drugs need seldom be used.”

“Then God said, ‘I give you every seed-bearing plant on the face of the whole earth and every tree that has fruit with seed in it. They will be yours for food.’”

Genesis 1:29
“Grains, fruits, nuts, and vegetables constitute the diet chosen for us by our Creator. These foods, prepared in as simple and natural a manner as possible, are the most healthful and nourishing.”

The Ministry of Healing, p. 296 (1905)
“The nutrient goals indicate that the health needs of the population are best met by a high-carbohydrate, low-fat diet, rich in starchy foods (e.g., cereals, tubers, and pulses) and including a substantial intake of vegetables and fruit.”

*Diet, Nutrition and the Prevention of Chronic Diseases, WHO, 1990, p. 158*
“AICR's expert report, *Food, Nutrition, Physical Activity, and the Prevention of Cancer: a Global Perspective*, found that a predominantly plant-based diet – as in the New American Plate – may reduce the risk of cancer. Not only do vegetables, fruits, whole grains and other plant-based foods provide an array of cancer-protective compounds, but a predominantly plant-based diet is a powerful tool in weight management.”

Foods That Fight Cancer – WCRFI & AICR
Alternative Diets for Cancer

- **Rave diet** - plant-based, whole foods diet based exclusively on whole fruits, vegetables, grains, nuts and seeds

- **Atkins diet** - low carbohydrate, induces *ketosis*

- **Breuss diet** - supposedly cancer cells need solid protein. Therefore 42 days only juices.

- **Dr. Hay diet** - tries to separate alkaline foods from acidic

- **Max Gerson therapy** - no salt, 1 glass fresh juice every hour, plus 3 full vegetarian meals, coffee enemas, (raw calf liver juice).
Dilution = Potentiation
$10^2, 10^3, 10^4, 10^6, 10^{20}$….

“Shaking and rubbing (potentiating) the substances according to the typical preparation of homeopathic remedies, liberates energies that are not present in simply diluted medications.”

“The chemical-material substance acts upon the chemical-material part of the person, his body. The non-chemical, non-material substance acts upon the non-material part of the person, his soul, the force that guides the body.”

Dr. B. Hecht, What is Homeopathy? Swiss Christian Social Health Insurance, February 1991
"In homeopathy, a solution that is more dilute is described as having a higher potency. Homeopathic dilutions beyond the limit of 12C (= 10^{-23}) are unlikely to contain a single molecule of the original substance and lower dilutions contain no detectable amount. The low concentration of homeopathic remedies, which often lack even a single molecule of the diluted substance, has been the basis of questions about the effects of the remedies since the 19th century.

Modern advocates of homeopathy have suggested that ‘water has a memory’ – that during mixing and succussion, the substance leaves an enduring effect on the water, perhaps a ‘vibration’, and this produces an effect on the patient. This notion has no scientific support.’

http://en.wikipedia.org/wiki/Homeopathy#Dilutions
Ellen White and Homeopathy

- Samuel Hahnemann 1755-1843
- Ellen G. White 1827-1915

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- **Dr. Maxon** – allopath. He used many poisonous “drugs”. EGW is against him: “The old schools system had killed thousands and its tens of thousands.” 20MR, p. 364
- **Dr. Gibbs** – eclectic medicine, did not use medicines. (Maxon calls him a homeopath.) EGW defends him: “Now, this is not the case. He is an eclectic physician.” 20MR, p. 364
- **Dr. Chamberlain** – left hygiene and used homeopathy. EGW said: “This was against the light God had given.” Letter 26a, 1889 (Selected Messages, vol. 2, p. 282)
“I had several conversations with Dr. Maxson and his wife. Their only reason for resigning, they stated, was the methods of treating in drug medication. Dr. Gibbs was, they said, a homeopathist; but this is not the case. He is an eclectic physician, and had, when he came to the Health Retreat, eight years of successful practice.”

“I told Dr. Maxson we did not erect an institution at such immense cost to have people educated to resort to drugs, but to instruct them how to cure without drugs. I told them what the Lord had been pleased to show me nearly thirty years ago in regard to the old-school practice of drug medication upon the miserable wrecks of humanity, made so by the use of drugs.”

*Manuscript Releases*, vol. 20, p. 364
“In Oakland I had another conversation with Dr. Maxson, and I urged him not to make so wonderful a specialty of methods of drug using. I told him [that] after the whole system of drug medication had been laid open before me, I was shown of God that we should have an institution conducted on hygienic principles, and in that institution lectures should be given not on how to use drugs, not to lead minds and educate them in the methods of drug using, but to teach people the better way – to live healthfully and do without drugs. The words were repeated, Educate! Educate! Educate!”

*Manuscript Releases*, vol. 20, p. 373
“I then saw that an intelligent knowledge of pure air, and use of it wisely and abundantly, and simple healthful food taken into the stomach temperately, eating and drinking to the glory of God, and ten thousand would be well who are now sick. Then I was taken from room to room and shown disease and its causes, and the result of drug medication.

“I was then shown through rooms of a hygienic institution that was conducted on hygienic principles and these simple means – sunlight, pure air, healthful habits. Constant instruction needs to be given, line upon line, precept upon precept, in regard to the necessity of clean bodies, clean houses, and clean premises. Breathing clean air would preserve health without the use of drugs.”

*Manuscript Releases*, vol. 20, p. 374
“In their practice, the physicians should seek more and more to lessen the use of drugs instead of increasing it. When Dr. A came to the Health Retreat, she laid aside her knowledge and practice of hygiene, and administered the little homeopathic doses for almost every ailment. This was against the light God had given. Thus our people, who had been taught to avoid drugs in almost every form, were receiving a different education. I was obliged to tell her that this practice of depending upon medicine, whether in large or small doses, was not in accordance with the principles of health reform.”

_Manuscript Releases_, vol. 13, p. 177
“The light given me is, We must provide that which is essential to qualify our youth who desire to be physicians, so that they may intelligently fit themselves to be able to stand the examinations essential to prove their efficiency as physicians.”

*Loma Linda Messages*, p. 18 (1910)
“The light that God has given in medical missionary lines will not cause His people to be regarded as inferior in scientific medical knowledge, but will fit them to stand upon the highest eminence.”

*Loma Linda Messages*, p. 429
“That which is of the most importance is that the students be taught how to truly represent the principles of health reform. Teach the students to pursue this line of study faithfully, combined with other essential lines of education.”

*Loma Linda Messages*, p. 18 (1910)
“In training workers to care for the sick, let the student be impressed with the thought that his highest aim should always be to look after the spiritual welfare of his patients.”

*Loma Linda Messages*, p. 433 (1909)
Problems With Alternative Methods

1. Mixture of truth and error
2. Exaggeration of possibilities (panacea, promises of healing)
“It practically is an all-cure device that removes cholesterol, normalizes blood pressure, and relieves pain, weight loss, increases detoxification, promotes relaxation, boost immune system, increases energy and endurance. Reduces stress and fatigue, improves joint stiffness, removes cellulites and cleanses skin, reduces swelling and inflammation, helps treat heart problem, blocked arteries, constipation, diabetes, cataract, glaucoma, UTI and prostate, arthritis, paralysis and hosts of other diseases.”

“The Internal Projector moves smoothly along the spinal contour while providing Acupressure, hand massage, and Moxibustion to the spine and nearby Meridians, muscles and ligaments.”
But it works!
What works?
Possible Explanations:

1. About 80% all functional disturbances get better without or with any treatment.
2. Alternative treatments are often combined with fasting, rest, healthy diet, hydrotherapy and positive thinking, which by themselves promote healing.
3. Often the results can be attributed to a placebo-effect.
4. Wrong diagnosis and false cure.
5. Supernatural healing.
“Some have asked me, ‘Why should we have sanitariums? Why should we not, like Christ, pray for the sick, that they may be healed miraculously?’ I have answered, ‘Suppose we were able to do this in all cases; how many would appreciate the healing? Would those who were healed become health reformers, or continue to be health destroyers?’”

*Medical Ministry, p. 13*
“Jesus Christ is the Great Healer, but He desires that by living in conformity with His laws we may cooperate with Him in the recovery and the maintenance of health. Combined with the work of healing there must be an imparting of knowledge of how to resist temptations. Those who come to our sanitariums should be aroused to a sense of their own responsibility to work in harmony with the God of truth.”

*Medical Ministry, p. 13*
“Servants of God, with their faces lighted up and shining with holy consecration, will hasten from place to place to proclaim the message from heaven.”

“Miracles will be wrought, the sick will be healed, and signs and wonders will follow the believers.”

“The Great Controversy, 612”
Miraculous Healings

“The sick will be healed before us. Miracles will be performed in our sight. Are we prepared for the trial which awaits us when the lying wonders of Satan shall be more fully exhibited?”

Testimonies for the Church, vol. 1, p. 302

Last Day Events, p. 166
“God's Word declares that Satan will work miracles. He will make people sick, and then will suddenly remove from them his satanic power. They will then be regarded as healed. These works of apparent healing will bring Seventh-day Adventists to the test.”

_Last Day Events_, p. 166
**Dangerous Situations**

“The nations you will dispossess listen to those who practise sorcery or divination. But as for you, the LORD your God has not permitted you to do so.”

Deuteronomy 18:14

“In some cases, when allowed to be treated by therapies from Christian Science, oriental religions, and healing cults, Christians place themselves in Satan’s hands.

“In many instances, their future life is controlled by satanic powers which it seems impossible to break.”

From *Evangelism*, p. 606
“Those who give themselves up to the sorcery of Satan, may boast of great benefit received, but does this prove their course to be wise or safe? What if life should be prolonged? What if temporal gain should be secured? Will it pay in the end to have disregarded the will of God? All such apparent gain will prove at last an irrecoverable loss.”

_Evangelism_, p. 606
Los médicos adventistas lamentamos la proliferación de métodos de curación no científicos y la pérdida de la salud en muchos países. Este avance de la medicina ha cambiado nuestra relación con el enfoque de la obra médica-misionera, creando desafíos para nuestro ministerio.

1. Algunos médicos han creado su propia naturaleza de salud y curación, como representantes de la obra médica-misionera, expresando nuestra convicción y compromiso con los fundamentos y principios generales que fomentamos en educación.

2. Algunos médicos han creado su propio espacio de salud y curación, como representantes de la obra médica-misionera, expresando nuestra convicción y compromiso con los fundamentos y principios generales que fomentamos en educación.

3. Algunos médicos han creado su propio espacio de salud y curación, como representantes de la obra médica-misionera, expresando nuestra convicción y compromiso con los fundamentos y principios generales que fomentamos en educación.

4. Algunos médicos han creado su propio espacio de salud y curación, como representantes de la obra médica-misionera, expresando nuestra convicción y compromiso con los fundamentos y principios generales que fomentamos en educación.

La División Sudamericana, acogió esta declaración como suya, incluyéndola en sus actas. La publicamos con el deseo de orientar también a nuestros hermanos aquí en España.
POSITION STATEMENT OF THE GENERAL CONFERENCE HEALTH
DEPARTMENT IN REGARD TO QUESTIONABLE ALTERNATIVE HEALTH
PRACTICES
(Voted at Silver Spring, April 4, 1996)

Scientific progress offers good perspectives in health care. At the same time there is a growing number of approaches using evolutionary, and spiritualistic philosophies.

For this reason and with the desire to assist and orient the church, the Seventh-day Adventist General Conference Health and Temperance Department World Advisory agrees with the following convictions:

1. Human beings were created in the image of God. Man is a whole, indivisible unit, so the suffering of every part will affect all the other areas.

2. The basis of diagnostic and therapeutic systems used in the prevention and treatment of diseases is established on human physiology, Bible, and inspiration.

    Adventists promote the teachings of living in holiness, including the use of natural resources that Ellen White calls "true remedies" in maintaining and recovering health.

3. We believe that the Lord has given to man the resources and mental power to increase knowledge in the area of biology, physiology, and the mechanisms of disease causation. For this reason we believe that the development of scientific medicine be incorporated in the medical missionary work as far as it does not contradict the principles of revelation.

4. In reference to healing procedures of uncertain ideologies and multiple origins, known as alternative health practices, we should be very cautious.

    In view of the great number and variety of existing alternative health practices, and considering that there are constantly appearing new methods on that market, we

RECOMMEND that the Adventists neither practise, nor use, nor promote any kind of procedures

! the philosophic and ideologic bases of which are in opposition to the principles of Christian revelation, and

! which are not consistent with known scientific laws.

We also

RECOMMEND that continuing study be given to these matters and the church be informed about new criteria and recommendations.

-o-O-o-
RECOMMEND that the Adventists neither practise, nor use, nor promote any kind of procedures

• the philosophic and ideologic bases of which are in opposition to the principles of Christian revelation, and

• which are not consistent with known scientific laws.
“Practices without a firm evidence-base and not based on the Bible or the Spirit of Prophecy, including though not limited to aromatherapy, cranial sacral therapy, homeopathy, hypnotherapy, iridology, magnets, methods aligning forces of energy, pendulum diagnostics, untested herbal remedies, reflexology, repetitive colonic irrigation, ‘therapeutic touch,’ and urine therapy, should be discouraged.”

GC WORKING POLICY 2009-2010, p. 307
Is There an Alternative?

New Age Medicine includes holistic lifestyle elements and religious concepts about the relation between body and mind, based on a pantheistic ideology.

Lifestyle Medicine includes holistic lifestyle elements and religious concepts, represented by Newstart Plus, but based on the biblical view of God our Creator and Savior.
The Only Way Out

“The human family is suffering because of transgression of the laws of God. The Lord desires that men shall be led to understand the cause of their suffering and the only way to find relief. He desires them to see that their well being, physical, mental, and moral, depends upon their obedience to His law....

“In the preparation of a people for the Lord's second coming, a great work is to be accomplished through the promulgation of health principles.”

Counsels on Health, p. 206
“The Lord gave me special light in regard to the establishment of a health reform institution, where treatment of the sick could be carried on on altogether different lines from those existing in any institution in our world. It must be founded and conducted on Bible principles, and be the Lord’s instrumentality, not to cure with drugs, but to use Nature’s remedies. Those who have any connection with this institution must be educated in health-restoring principles.”

(Letter to Dr. J. H. Kellogg, December 19, 1899.)
“Disease is an effort of nature to free the system from conditions that result from a violation of the laws of health.”

“In case of sickness, the cause should be ascertained. Unhealthful conditions should be changed, wrong habits corrected. Then nature is to be assisted in her effort to expel impurities and to re-establish right conditions in the system.”

*Ministry of Healing, p. 127*
“Pure air, sunlight, abstemiousness, rest, exercise, proper diet, the use of water, trust in divine power – these are the true remedies. Every person should have a knowledge of nature’s remedial agencies and how to apply them.”

Ministry of Healing, p. 127
prioritäten (Entscheidungen)

ebensfreude

versehrtheit (Integrität)

oziale Unterstützung

Ernte (Optimismus)

echtschaffenheth (Integrität)

Nahrung

ruhe

Drogen

Cater

Drogen

trust in God

Ernte

achtung

hne Drogen

Nahrung

ruhe

Drogen

Cater

Drogen

trust in God

Ernte

achtung

hne Drogen

Cater

Drogen

trust in God
http://healthministries.com/
http://eud.adventist.org

HEALTH-EXPO

CELEBRATIONS
NEWSTART-PLUS

- Fully scientific, evidence-based
- Truly natural
- Holistic
- Harmonizes with the Bible
- Leads to God
- Available to everybody
- Inexpensive
- Pleasant
What Would be the Ideal Healing Method?

Imagine a place...

- where modern medicine
- meets nature’s remedies
- in a Christian setting.
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Herghelia, Romania
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Podis, Romania
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Novi Obihodi, Ukrania
What Would be the Ideal Healing Method?

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Fredheim, Norway
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Die Arche, Germany
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Mattersdorfer Hof, Austria
What Would be the Ideal Healing Method?

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Penela, Portugal
What Would be the Ideal Healing Method?

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Penela, Portugal
“Lifestyle Diseases - Chronic Diseases”
Jochen Hawlitschek, MD, PHD, MPH
FREE - in PDF
Available in 10 languages!

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- Lebensstilkrankheiten (deutsch)
- Enfermedades del Estilo de Vida (español)
- Doenças do Estilo de Vida (português)
- Болести, причинени от начина на живот (български)
- Maladies du style de vie (français)
- Nemoci Životního stylu (čeština)
- Bolile Stilului De Viață (română)
- Életstilus Betegségek (magyar)
- Заболевания образа жизни (русский)